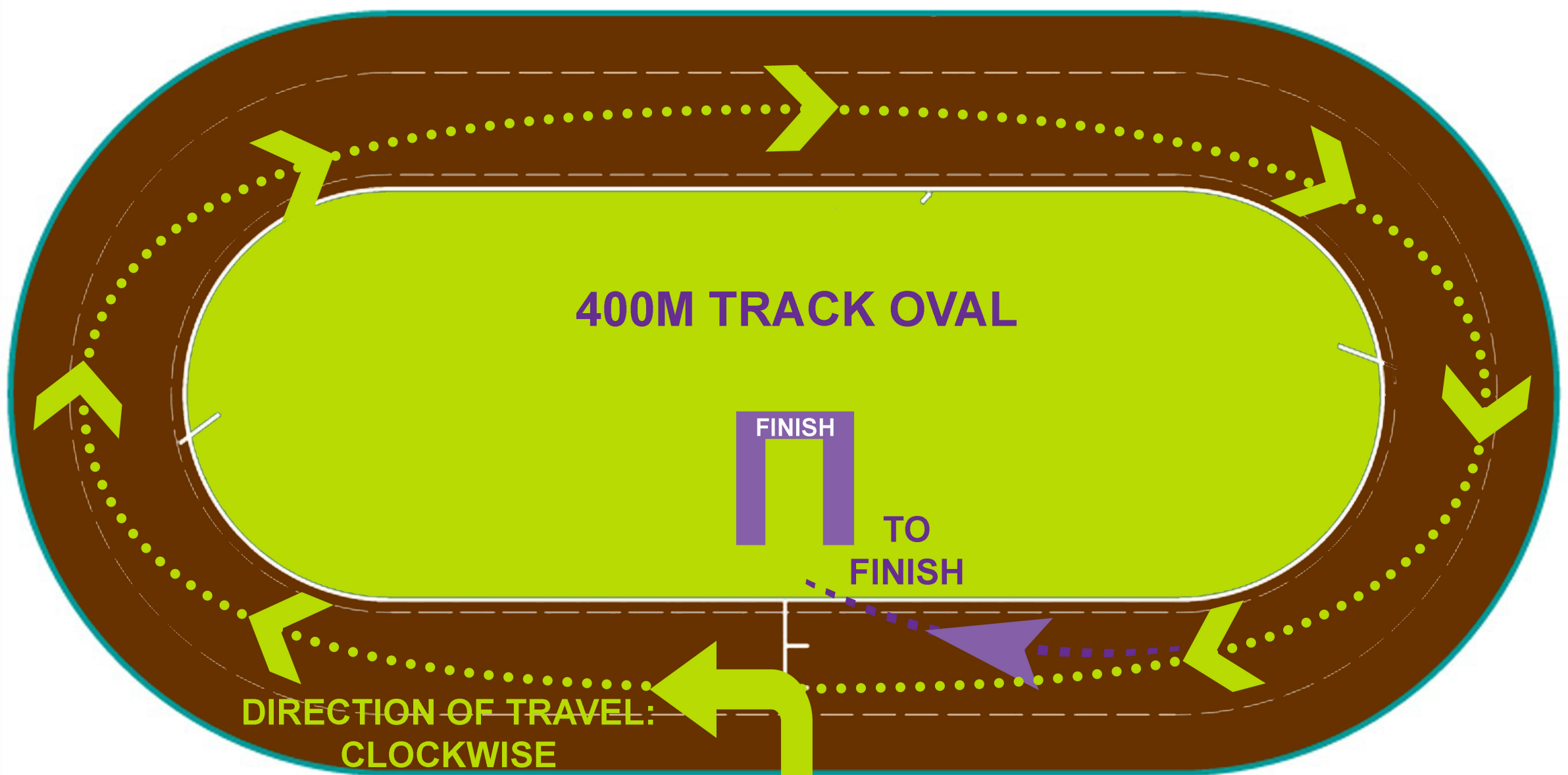


RUN ROUTE

BIKEKING ATLETA AKO
ATLETA AKO
WOMEN'S AQUATHLON
March 22, 2015 | Philippine Sports Arena, Pasig City
Race details and registration: www.bikekingphilippines.com
Presented by: Philippine Sports Commission



DISTANCE	LAPS
STANDARD and FUN RELAY: 6km	15
PETITE and 15-17 yrs. old: 3.2km	8
13-14 yrs. old: 2km	5
11-12 yrs. old: 1.6km	4
9-10 and 7-8 yrs. old: 800m	2



REMINDER:
All athletes will run around the 400m track oval at a clockwise direction. The athlete must run towards the finish line area on her last lap to end the race. It is the sole responsibility of the athlete to ensure that they complete the correct number of laps around the oval to prevent disqualification.